

NAVIGATING BRIDGEWATER WITH CHILDREN



There are so many great resources in Town to help you and your family feel at home! Here are a few to get you started:

Pay a visit to the Better Together Family Resource Centre

The Better Together Centre is operated by the [South Shore Family Resource Association](#) and is a fantastic resource for families with children of all ages! Their fabulous team develops a new calendar of family-friendly events every month and offers courses and workshops in important life skills (for kids and parents alike)! Whether you want to take a workshop, meet other families like yours or learn about different offerings available to you, the Better Together Centre is here for support. Check out their website to [see the calendar!](#)

Search the Childcare Directory!

To search for a licensed childcare facility in your area, visit the province's [online directory](#). Choosing child care for your family is a big decision - You can also check out their [step-by-step guide on choosing a daycare](#) that's right for your family!

Get involved at the YMCA Youth Centre

Our local YMCA offers a wide array of family supports - from childcare to Youth Programs to YREACH - a program specifically designed to provide settlement support to kids and parents. [Check them out!](#)

In 2014, Bridgewater was voted the [Best Community for Young Families](#) in all Atlantic Canada by the [Chronical Herald!](#)



Register for Recreation Programs!

Each season, the community publishes a new [recreation guide \(print & digital\)](#), which will tell you what sports, workshops and recreation programs are being offered by the Town of Bridgewater and others in the local area. Be sure to check it out what's on offer, then use the [Connect 2 Rec](#) website to register in advance.

Other Great Resources Include...

- [Scouts & Girl Guides of Canada](#)
- The [Big Brothers & Big Sisters](#) of South Shore program
- The [PRO Kids](#) Initiative for the Municipality of Lunenburg
- The Bridgewater [Family Support Centre](#)
- The [Margaret Hennigar Library](#) at the LCLC
- The [Lunenburg County Lifestyle Centre](#)
- The [Bridgewater Skate Park!](#)



Want to know more about our community?
Contact our Navigator, Rebecca!

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